



Microbe + Plant Food Feed Chart

Directions: To achieve optimal soil and plant health at all stages of the growth cycle, follow the chart below. Mix 1 gallon of water¹ with our Micro Builder inoculant and the appropriate fertilizer. Note: The microbes in Micro Builder are put to sleep in order to provide a one-year shelf-stable liquid. To activate the microbes and experience all the benefits, Micro Builder must be used in combination with a Grassroots fertilizer.

Type	Product	Pre-Plant Phase	Seed/Clone Phase	Transplant Phase	Vegetative Phase	Reproductive/Bloom Phase
Inoculant	Microbe Builder	Mix 1 gallon of water with 100/ml of Micro Builder and the appropriate fertilizer as indicated below. Apply weekly as root drench or foliar spray.				
Fertilizers	SuperFood Mycorrhizae	Use ½ cup per gallon with Micro Builder in soil applications to support seed germination.		- Use as a standalone soil conditioner, mix 1 Tbsp per pot or ¼ pound per yard of potting soil to support transplant. -Use ½ cup per gallon with Micro Builder as liquid root dip to reduce transplant shock.		
	SuperFood Veg				Use 1 TBSP per gallon with Micro Builder as weekly root drench or foliar spray to activate microbiology in vegetative phase.	
	SuperFood Bloom					Use 1 TBSP per gallon with Micro Builder as weekly root drench or foliar spray to activate microbiology in reproductive phase.

¹ We suggest using RO water, or water free from chlorine, chloramine under 150 PPM or better.